



# SUNSHINE BEACH HIGH – SPORT NEWSLETTER

Term 3 Week 5 YEAR 2017

## SUNSHINE BEACH HIGH SCHOOL SPORT

### District Athletics Carnival – This Tuesday 8<sup>th</sup> & Wednesday 9<sup>th</sup> August

The Sunshine High Sharks are defending the trophy from their win in 2016

Please ensure that permission forms and payments should have been finalised last week.

Nominations for Events not-conducted at the District Carnival – Students are required to provide documented evidence of times for their events. Please collect the required paperwork from Ms Beckinsale in WAIMEA and return prior to the District Carnival.

Events include:- 100m Hurdles, 12 Yrs Multi Event as well as QSS Events – 200/400m Hurdles, Hammer, Pole Vault, Walk, Steeplechase. If you would like a digital copy of the forms email [kbeck2@eq.edu.au](mailto:kbeck2@eq.edu.au)

### Year 7 Interschool Sport

Sunshine Beach played Nambour State College on Thursday. Results were as follows:-

Basketball – Girls won 24-0; Boys won 38 - 24

Soccer- Girls won 7 - 0; Boys won 8 - 0

Touch – Girls won on forfeit; Boys won 7 - 5

Volleyball – Girls won 2 -1; Boys were defeated 1-2

This week we an AWAY Game vs Coolum State High.

Wk6 17/8 vs Burnside AWAY

Wk7 24/8 vs Noosa District AWAY

Wk8 31/8 BYE

Wk 9 – 7/9 Finals Nambour State College

### Sunshine Coast Schools Basketball – Friday NIGHTS

The Junior boys

The Open Boys basketball smashed Sienna Catholic College 50 – 19. With Brad Walton Shooting the lights out with a number of 3 pointers. Brad is definitely one of the big improvers in the team. Well done boys!

### Sunshine Coast Schools Broncos Rugby League Challenge

Round 4 7/8/17      A Division      Sth 1 Caloundra v Nth 1 Sunshine Beach Caloundra JRLC 4

Round 5 14/8/17      A Division      Sth 1 v Nth 2; Sth 2 v Nth 1

### Water Polo

Games commenced last Monday tonight.

Sunshine Beach Junior Boys played GSLC and had a fantastic result with an 11-6 win, despite the college's effort to come back strong in the second half.

This week all games are at Kawana

Junior Boys 4.40

Junior Girls 6.40

Open Girls 8pm





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## Touch Football News

Congratulations to Tamatoa Stana and Lucy White for recently participating for the Sunshine Coast Region at the under 15 State Championships in Rockhampton. The girl's team finished second and Lucy was named in the Queensland Team, this achievement demonstrates Lucy's dedication and commitment to the sport and is an outstanding achievement.

Wednesday afternoon club touch football has recently begun and we have a boys under 13 team and a girls under 16 team. If you are interested in joining either of these teams please contact Mr Bradford [kbrad51@eq.edu.au](mailto:kbrad51@eq.edu.au)

Information for the Queensland All Schools touch football tournament which occurs next term is given out this week for our Open mixed team and the under 15 girls so please ensure you have seen Mr Bradford to collect the relevant information.

## REGIONAL SCHOOL SPORT

Girls Cricket 13 – 15yrs Trials – Tuesday 22<sup>nd</sup> August. Interested students are to sign up and collect permission form prior to FRIDAY 3<sup>rd</sup> August please. These must be signed by your parents and signed by the school and taken with you to the trial. The school must sign your permission form in order for you to trial.

Boys Cricket 14 – 15yrs Trials – Monday 4<sup>th</sup> September. Interested students are to sign up and collect permission form prior to Wednesday 23<sup>rd</sup> August please. These must be signed by your parents and signed by the school and taken with you to the trial. The school must sign your permission form in order for you to trial.

## Tewantin SS All-Stars Relay

The following Sunshine Beach SHS students:- Mia Mahanga-Hawkins, Jaeda Wortel, Willow Mussmann, Georgia Peel, Keanna Welsh, Luis Largiader, Gabby Andrade, Mateias Largiader, Jaiden Smith and Taylor Fagan; participated in the TEWANTIN ALL STARS 100m SPRINT and RELAY, the culminating events of the Tewantin SS Athletics Program.

The students were fabulous ambassadors and their presence was very inspiring. Tewantin SS staff and students are very proud of their sporting achievements, both past and present, some of them still hold long standing records at the school. Mr Bandera was most impressed with the way the students interacted with the primary school students and how they willingly joined in with their former team war cries. The children were very excited to include them.





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### Sunshine Beach High Sports Awards Night 2017 – Thursday 12<sup>th</sup> October 2017

It is that time of year again where the SPORTS DEPARTMENT wants to know of your achievements. If you have excelled at sport outside school, this is your chance to be recognised. Also if you have represented the Sunshine Coast at a State Competition and placed or represented Qld in a National Competition please check that we have your results.

Please collect NOMINATION FORMS from WAIMEA Staffroom and return by **Friday 17th August**.

### CLUB/COMMUNITY SPORT INFORMATION

Congratulations to Ella Boot – Yr 12 who represented Australia at the recent Youth Commonwealth Games being held in the Bahama's. Ella won a Gold medal in the Female 60kg class which is an exceptional performance given she was up against the National Champions from 68 countries.

### Noosa Council Get Out Get Active Program – 18-24 Yrs

In 2018 our senior girls (and older sisters / friends) will be in the target age group to access the **Noosa Council Get Out Get Active Program** – low cost activities from stand-up paddling, traditional sports, mountain biking, yoga or belly dancing. However before the new program can begin, the Council needs to find out the sorts of activities young women would take part in.

So the council is calling for young women like our **Sunshine High Senior Girls to jump online and fill out a quick survey**. The information collected will allow the council to tailor the program to young women's needs.

Girls, whether or not you currently take part in school-based sport the council wants your input, as once you leave school so many girls give sport up when joining the workforce or continuing with further study.

To access the **survey** click on the following link <https://www.surveymonkey.com/r/GetOutGetActive>

For more information about the program visit the Noosa Shire Council Get Out Get Active Page

<https://www.noosa.qld.gov.au/getout-getactive>



### AN EVENT NOT TO BE MISSED FOR A WORTHY CAUSE

The Lions Club of Maleny Blackall Range Mountain View Challenge is on again for its 6<sup>th</sup> year. The event raises funds for Childhood Cancer Research a disease close to the heart of many families throughout Australia. Research is ongoing and needs support to battle a cure for this dreadful disease.

The Mountain View Challenge is being held on Sunday the 15<sup>th</sup> of October at the Maleny Showgrounds. There is a half marathon (21.1km), a 10,000mtr, 5,000 mtr and 3000mtr runs and a 3,000mtr family walk. The half marathon, 10,000 and 5,000mtr event route follows the edge of the Blackall Range overlooking the magnificent Glass House Mountains. Past participants have marvelled at the picturesque route and have acknowledged it as the best in South East Queensland. Full details about the event and online registration can be accessed through the website: [www.malenyblackallrange.qld.lions.org.au/projectsmvc](http://www.malenyblackallrange.qld.lions.org.au/projectsmvc)





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### SCHOOL SPORT Date Claimers Term 3

**District Track & Field** Tuesday 8<sup>th</sup> & Wednesday 9<sup>th</sup> August (Term 3 Week 5)

**Regional Track & Field** Thursday 31<sup>st</sup> August & Friday 1<sup>st</sup> September (Term 3 Week 8)

**Yr 7 Interschool Sport** R1 27<sup>th</sup> July (Wk 3) Bye 31<sup>st</sup> August (Wk 8) Finals 7<sup>th</sup> Sept (wk 9) alt 14/9

**Sunshine Coast Schools Water Polo** – Competition Monday Night from 31<sup>st</sup> July - Term 3 – 4; Training Tuesdays

**QSS School Team Tennis Competition Sunshine Coast** – Wednesday 16<sup>th</sup> August

### SCHOOL SPORT Date Claimers Term 4

State All-Schools Touch – Wednesday 4<sup>th</sup> – Sunday 8<sup>th</sup> October

Sunshine Beach High Sports Awards Night – Thursday 12<sup>th</sup> October

