



# SUNSHINE BEACH HIGH – SPORT NEWSLETTER

Term 3 Week 10 YEAR 2017

## SUNSHINE BEACH HIGH SCHOOL SPORT

### School Girls Rugby 7's - South East Queensland under 15 girls 7s Champion's

On Friday the 1st of September SHBHS was proudly represented by a team of determined and courageous young sportswomen, these qualities were uncompromised and evident all day, and achieving their fantastic result of being undefeated through the entire tournament was a true reflection of their determination and skills.

The girls played an exciting style of rugby where they used their speed, superior ball skills and mental toughness to overcome their opposition in every game and even when one of these main challenges presented itself, this being the overwhelming size difference with the Ipswich team, our girls shone with true rugby grit and replied by scoring try after try.

It was a privilege to coach this team of young sportswoman whom carried themselves in a manor any school in Australia would be truly proud of.

Well done girls! Ted Robinson Coach.



### Year 7 Interschool Sport



Last week Sunshine travelled to Nambour for the Yr 7 Finals Day. The Sunshine Sharks players represented the school in 4 sports with a total of 8 teams playing on finals day. Sunshine finished the day in 3<sup>rd</sup> place overall behind Noosa and Coolum who tied for 1<sup>st</sup> place.

Results:-

Basketball – Boys 3<sup>rd</sup> Girls 4<sup>th</sup>

Soccer – Girls 2<sup>nd</sup> Boys 4<sup>th</sup>

Touch – Girls 3<sup>rd</sup> Boys 3<sup>rd</sup>

Volleyball – Girls 3<sup>rd</sup> Boys 3<sup>rd</sup>

### School Water Polo

Junior and Senior Girls teams played at Noosa last week. Juniors played Sienna and won very convincingly 16-1 because of some great team work. The seniors had a much tougher game vs Pacific Lutheran winning by just 1 goal, when the game was stopped due to a thunderstorm. All Sunshine Beach High Teams remain undefeated.

This week only the Open Girls play at the Noosa Aquatic Centre at 8pm, other teams have a bye.





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### **Yr 9 Interschool Sport**

Students interested in representing the school for Basketball, Soccer, Touch and Volleyball this year in the North District Interschool Sport Competition will be trialling this week for positions in the school teams. Fixtures will be commencing in week 2 term 4, so most of the trials will take place this term.

Basketball - Mr Boulden will be conducting Basketball Trials – he is in Banzai staffroom

Touch - If you wish to play touch football for the Year 9 school team next term in school time on Thursdays you must sign up at Waimea notice board and show up to a trial Wednesday 13<sup>th</sup> September during 2nd lunch break with Mr Bradford, otherwise you will not be considered for the team as teams will be finalised for touch football this term.

Soccer - Mr Daley will be conducting the Soccer Trials – he is in Mundaka staffroom

Volleyball – Ms Steel will be conducting the Volleyball Trials – he is in Waimea staffroom.

### **Schools Surf League**

The Sunshine Coast Branch Schools Surf League is being held at Mooloolaba on 20<sup>th</sup> October 2017. We are invited to compete as Sunshine Beach Sharks at this competition. Events will include:- Surf Race, Board Race, Cameron Relay, Board Relay, Sprints and Flags across all age groups. Interested swimmers, runners, rugby players and other enthusiastic students are encouraged to nominate, you do not have to have experience in Surf Lifesaving. Please see Mrs Jackson or Ms Attard in Waimea to nominate and collect permission forms. Sunshine Beach has a history of success in this type of competition, so don't miss out on this opportunity to represent the school for Surf Lifesaving.

### **School Triathlon – Sunshine Coast Trials & Training**

Ms Beckinsale is conducting some Triathlon preparation sessions at school for any students interested in competing at the Sunshine Coast Region Schools Triathlon Trials on Sunday 29<sup>th</sup> October 2019. If you have represented the school in swimming, cross country, athletics or even other team sports and have an interest in participating in Triathlon, please collect information and permission forms from Ms Beckinsale in Waimea. Sessions at school will be Wednesday / Friday lunchtimes and will be based on specific skills for triathlon. The school has bikes and helmets that students can use for training.

### **School Netball – Expression of Interest 2018**

Are you interested in playing school Netball in 2018? The Sunshine Coast Schools Netball Competition runs Monday nights from 12 February through the Grand Finals on 28<sup>th</sup> May 2018. We plan to try to put a number of teams into the competition and commence training in term 4. So if interested please collect an expression of interest form from Waimea staffroom and return by 14<sup>th</sup> September.

### **Sunshine Beach High Sports Awards Night 2017 – Thursday 12<sup>th</sup> October 2017**

Letters have been sent to students and parents for attendance at our Sports Awards night in October. A list of awards has been posted on the sport notice board. Students need to return attendance and jacket orders to Waimea staffroom. Payments for Jackets are to be made at the school office.







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## CLUB/COMMUNITY SPORT INFORMATION

### Touch

Taj Bakhach, Lucy White, Giverney Robinson and Tyla Te Moana have been selected in the Broncos Queensland Touch Football representative squad following outstanding performances at the Queensland Junior State Championships. This is the first step on the pathway to the elite level of the game - with the 'ultimate selection' being that of a Queensland Elite 8 and Opens State of Origin player. This is a great opportunity for these highly talented Sunshine Beach High students to chase their dreams!

### Noosa Tri Club – Tri Fit Families

The Noosa Tri Club has secured some funding to host a 20week program targeting mums and teenage daughters, sons, grandchildren, nephews / nieces to get fit and active through the sport of Triathlon. If you are interested in this initiative please contact the Noosa Tri Club <http://noosatriclub.com/contact-us/>

### SCHOOL SPORT Date Claimers Term 3

**Sunshine Coast Schools Water Polo** – Competition Monday Night from 31<sup>st</sup> July - Term 3 – 4; Training Tuesdays 12.30 – 1.40pm

### SCHOOL SPORT Date Claimers Term 4

Yr 9 Interschool Sport – Week 2 – 12<sup>th</sup> October – Week 8 Finals

State All-Schools Touch – Wednesday 4<sup>th</sup> – Sunday 8<sup>th</sup> October

QSS Track & Field – 12<sup>th</sup> – 15<sup>th</sup> October

Sunshine Beach High Sports Awards Night – Thursday 12<sup>th</sup> October

Qld School Girls Rugby Sevens – Saturday & Sunday October 14<sup>th</sup> & 15<sup>th</sup>

Regional Schools 13-19 Water Polo Trials & 15-19 Cricket Trials – Wednesday 25<sup>th</sup> October

Regional Schools Triathlon Trials – Kawana Sunday 28<sup>th</sup> October

## Sign On

**LITTLE ATHLETICS NOOSA & NOOSA ATHLETICS**



- 1** Friday 15 September, 4–6pm
- 2** Saturday 16 September, 10am–3pm  
PLUS Come and try Little Athletics from 11am–12noon
- 3** Sunday 17 September, 10am–3pm

Sign on at the Girraween Sports Complex,  
Eenie Creek Road, Sunshine Beach

 **2017-2018 SEASON STARTS:**  
Friday 22 September 5.30pm

 REGISTER ONLINE!

**littleathleticsnoosa.com.au**  
☎ 0434 121 365 | ✉ noosalittleathletics@gmail.com

