

At Sunshine Beach State High School



Encourages

Team work

- Community participation Physical activity
- Adventure





A Long History

Introduced by Prince Phillip in Australia in 1957.

Now in over 140 countries

Internationally recognised award



Bronze Award 14 and over. Silver Award 15 and over

Gold 16 and over

Participants have until age 25 to complete.





The 4 Sections of the award

- •Develop a skill
- Participate in physical activity
- •Help in the **community**
- •Plan & undertake an adventurous journey



<u>3 levels</u> to the Award: Bronze, Silver & Gold

Each level requires a commitment to the following four areas:

Physical	Skill	Service	Journey
Break a sweat and improve fitness.	Learn or extend a talent	Connect with the community.	Discovery, adventure and bonding
e.g. Team sport Individual pursuit Running Tennis Gym work	e.g. Language An instrument Cookery Craft Photography Learning to drive	e.g. Surf Club Patrol Environmental groups School clubs Charity work.	Camp planned and run by School Bronze – Bushwalking. Silver canoeing,

4 Key areas(examples only).



1 - Skills

- Instrument
- Model making
- Cooking
- Craft
- Music
- Fishing
- Photography
- Etc.







2 - Physical

- Gym work
- Soccer
- Swimming
- Football / touch
- Netball
- Basketball
- Dance
- Etc.







4 Key areas - Continued



3 - Community

- Flag duty
- Breakfast club
- Landcare group
- Surf life saving club
- Library
- NAC
- Charity organisations
- And others...







4 - Adventurous Journey

- Prepare and plan an adventure. This is a **school run activity.**
- Usually week 3 and 7 term 2



Previous Adventurous Journeys



Usual Adventurous Journey dates

Bronze Award

Practice camp:

• Early Term 2

Qualifying camp:

• Late Term 2

Silver Award

Practice camp:

• Early Term 3

Qualifying camp:

• Late Term 3

Minimum Time Requirements



	Fitness/ Physical Recreation	Skills	Service	Plus	Adventurous Journey
Bronze	3 months (min. 13hrs)	3 months (min. 13hrs)	3 months (min. 13hrs)	All participants must do an extra three months in either Fitness/Physical Recreation or Skills or Service	2 days + 1 night
Minimum	time to finish Bronze	e: 6 months		14	is a la sur la seconda da la sub de la
Silver	6 months (min. 26hrs)	6 months (min. 26hrs)	6 months (min. 26hrs)	Non-Bronze holders must do an extra 6 months in either Fitness/Physical Recreation or Skills or Service	3 days + 2 nights
Minimum	time to finish Silver:	6months (Non-Bron:	ze holders: 12 mon	ths)	a na fara da serie d
Gold Must submit plan to	12 months (min. 52hrs)	12 months (min. 52hrs)	12 months (min. 52hrs)	Non-Silver holders must do an extra 6 months in either Fitness/ Physical Recreation or Skills or Service	4 days + 3 nights
				PLUS Residential Project:	5 days + 4 nights

Minimum time to finish Gold: 12months (Non-Silver holders: 18 months)

Duration?



- Bronze takes a minimum of 6 months
 - 1 hour , per section, per week + one over-night camp.
- Achievements are recognised with a badge and certificate at School Awards night
 & it looks great on a CV ③
- Progress on to complete Silver and Gold



Other Benefits?

Bronze = 1 QCE Point

- Silver = 1 QCE Point
- **Gold = 2 QCE Points**

Total of 4 QCE points upon completion of all 3.

Excellent opportunity for 'back up' points for Queensland Certificate of Education.

Record Keeping

- All activities recorded in the **Online Record Book** (ORB website and app)
- Phone app (recommended)
- Daily 10 minute connections class to 'check in'



Costs in 2024

• The Duke of Edinburgh's International Award

- Bronze \$180.15
- Silver \$185.50
- Gold \$190.75

Money goes directly to Head Office - Covers all insurances, certificates, badges and admin.

Camps – About \$50 – 60 per student (kept low)

QUESTIONS?

Collect a permission form the front office at school

Or contact:

Mr Lennox Banzai South <u>slenn29@eq.edu.au</u> Mr Roberts Banzai North <u>brobe249@eq.edu.au</u> Ms Mcleary Wellbeing <u>pmcle23@eq.edu.au</u> Mrs Celli Uluatu <u>mcell1@eq.edu.au</u>