

**Sunshine Beach State High School  
Student Study Planning**

- Record your week of personal study, revision and assessment.
- Plan in blocks of ½ hour
- You need a minimum of 15 hours per week

Day	Subject	Time	Work to complete
<b>Mon</b>			
<b>Tue</b>			
<b>Wed</b>			
<b>Thu</b>			
<b>Fri</b>			
<b>Sat Or Sun</b>			

**My Study Group -**  
**People in my study group –**  
**Regular time and place of study group –**

**Parent signature -**

**Sunshine Beach State High School  
Student self assessment survey**

Question –

- How much time do I need to spend doing study/homework to achieve my goals at school?

What do you do with your time after school and on weekends?

Activity	Time per day (hours)
1. Homework	
2. Sport	
3. Part Time work	
4. Recreation	
5. Surfing the web	
6. Talking on the phone	
7. MSN	
8. Watching TV	
9. Gaming	
10. Shopping	
11. Sleeping	
12. Chilling out	

Of the time you spend on homework complete the following.

1. Do you think you spend enough time on homework? \_\_\_\_\_
2. Do you spend an equal amount of time on each subject? \_\_\_\_\_
3. How much time do you give to each subject? \_\_\_\_\_
4. Do you have a study desk / place you do this work? \_\_\_\_\_
5. Do you seek extra work and help from your teachers? \_\_\_\_\_
6. Do you attend afterschool tutorials? \_\_\_\_\_

Given that in Year 11 & 12 it is recommended that you do a minimum of 8 hours personal study and revision per week, the question is simple –

## **ARE YOU DOING ENOUGH HOMEWORK?**

If you are not, now is the time to act, fill in the personal actions below you will take to increase your homework effort.

I will

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Use the time management matrix on the back side of this sheet to organize your week to enable you to make the time to complete more homework and study.

Mr. Fitzgerald